



**QUANTIFICATION OF MAMMARY *GH-r* GENE AND GH EXPRESSION IN
PREGNANT, DELIVERED, AND LACTATING WISTER FEMALE RATS PASSIVELY
IMMUNIZED AT PREGNANCY AGAINST INHIBIN- α , β a, or β b SUBUNITS**

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ABSTRACT

The present study has been designed to examine the effect of inhibin- α , β a, or β b isotypes immune-neutralization at pregnancy on the expression levels of mammary *GH-r* gene and GH at pregnancy, delivery and lactation in female Wistar rats. Eighty four pregnant rats were randomly assigned to four equal groups (21 each). On 5th and 10th day of gestation, the females were injected with saline (100 μ l, *i.p.*) (Control group), inhibin- α antiserum (1 μ g in 100 μ l of saline, *i.p.*) (Ta group), inhibin- β a antiserum (1 μ g in 100 μ l of saline, *i.p.*) (Tba group), inhibin- β b antiserum (1 μ g in 100 μ l of saline, *i.p.*) (Tbb group). Each group was allocated to equal pregnancy, delivery, and lactation subgroups. Females were sacrificed on the 16th day of gestation, the 1st day after parturition, and the 11th day of lactation, respectively. Samples from inguinal mammary gland from each female were obtained for the evaluation of expression levels of *GH-r* gene and GH using real time polymerase change reaction and immunohistochemistry, respectively. Result of mammary GH expression during pregnancy and delivery increased significantly in Ta than Tba and Tbb groups, whereas Tba was significantly higher than Tbb group. *GH-r* gene expression during pregnancy and delivery registered significant elevation in Ta group. At lactation, no significant difference has been shown in treated groups. In conclusion, the upregulation of GH and/or GH-r due to immunoneutralization of inhibins subunits, during pregnancy, have potent role as an augmented factor for lactation.

Keywords: Pituitary, mammary gland, GH, GH-r

INTRODUCTION

Ovarian follicular advancement and relapse relies on upon various endocrine, paracrine, and autocrine signals (Tesone et al., 2009). Follicle stimulating hormone (FSH) synthesized by pituitary gonadotrophs have basic direct action in the female reproductive system, including growth, division, and development of granulosa cells, creation of female gametes, and in addition generation of hormones (estradiol and inhibin) that impact in the control of FSH secretion from the pituitary (Rozell and Okrainetz, 2009).

The transforming growth factor- β (TGF- β) family include TGF- β 1, TGF- β 2, TGF- β 3, activins (A, B, and AB), inhibins (A and B), and anti-mullerian hormone (AMH). Inhibins are an important regulator from which, both in male and female reproduction. In females, inhibins are delivered fundamentally in ovarian granulosa cells and follows up on oocyte theca cells for direction of cell proliferation (Rozell and Okrainetz, 2009). Inhibins join in the control of estrus cycle by controlling pituitary FSH discharge. This control is prepared by a feedback mechanism, since FSH induces the development of ovarian follicles, where granulosa cells produce inhibins (de Kretser et al., 2002).

Growth hormone, GH is a polypeptide hormone, synthesized by somatotrophs in the

anterior pituitary gland. GH is a member of family, which includes prolactin and placental lactogen, both of which have impacts in female reproduction (Neville et al., 2002). The import role of GH in enhancing postnatal growth and lactogenesis is well studied by many researchers in different species. However, the more important thing is the requirement of GH and PRL in stimulating fetal growth and mammogenesis during pregnancy (Antony et al., 1998). Numerous studies pointed out on the role for GH in the production of viable gametes, since GH participates, in the early ovarian folliculogenesis in the absence of gonadotrophin action as well as its role at the late folliculogenesis in the presence of gonadotrophin action, by increasing cell proliferation and inhibiting atresia, and therefor influencing fertility (Miyazono et al., 2010). Therefore pituitary somatotrophs and GHRH number and maturation, as well as the level of GH secretion are the main determinants responsible for the efficient output of an adult mammalian pituitary secretion and thus function of gonads and extra-gonad organs concerned with female reproduction (Griswold and McLean, 2006), since GH attributes in gonadal steroidogenesis, gametogenesis and ovulation. However, as GH

is also produced in gonadal, placental and mammary tissues, it has been suggested that GH has a paracrine or autocrine action in the regulation of local processes that are strategically regulated by pituitary GH (Hull and Harvey, 2001). Pituitary GH induces the production of hepatic IGF-I, and both pituitary GH and hepatic IGF-I act to regulate ovarian function. Therefore, pituitary GH and hepatic IGF-I may be involved in strategic maintenance of ovarian function, whereas ovarian GH may be involved in emergency modulation of ovarian function (Hull and Harvey, 2001). Due to these direct endocrine actions, of pituitary GH, or its mediation through induction of hepatic or local IGF-I production, the present study has been conducted to investigate the impact of inhibin- α , β A, or β B isotypes immunoneutralization at pregnancy on the expression levels of mammary *GH* and *GH-r* genes at pregnancy, delivery and lactation as well as its role in mammary gland growth and development in female Wistar rats

MATERIALS AND METHODS

Preparation of Inhibin Subunits Antiserum

1%: Inhibin- α , β A, and β B antiserum (1 μ g/100 μ l) were prepared according to the manufacture instructions (ABO, Switzerland).

Experimental Animals: Primiparous female Wistar rats (average weight was 146 \pm 5.8g. and

age was 75 days), were allowed one week to acclimatize to the animal house environment before beginning of experiment. The animals were housed under laboratory conditions (12L:12D cycles at 20-22 C $^{\circ}$) and fed on standard laboratory food (19% protein ratio and 3000 kilocalories energy) and drinking water *ad libitum*.

Experimental Design: Eighty four female were allowed to mate with experienced males (1 male with 2 females). The appearance of vaginal plug was considered as the first day of pregnancy. The females were randomly divided into 4 groups (21 females per each). On 5th and 10th days of gestation, control (C) females were injected with physiological saline (100 μ l, *i.p.*), antiinhibin- α group (Ta) females were injected with inhibin- α antiserum (100 μ l of physiological saline containing 1 μ g of antiserum, *i.p.*), antiinhibin- β A group (Tba) females were injected with inhibin- β A antiserum (100 μ l of physiological saline containing 1 μ g of antiserum, *i.p.*), and antiinhibin- β B group (Tbb) females were injected with inhibin- β B antiserum (100 μ l of physiological saline containing 1 μ g of antiserum, *i.p.*). Each group was allocated to three subgroups (7 females per each): subgroup1 (pregnancy) females were sacrificed on the 16th day of gestation, subgroup2 (Delivery) females were sacrificed

on the 1st day after parturition and in subgroup3 (lactation) litters number was modulated as 9 per each dam (Tucker, 1987) and females were sacrificed on the 11th day of lactation. At the end of each treatment and control subgroups period, female rats were anesthetized (by injection of 0.3 ml ketamine + 0.1 ml xylazine/kg body weight, *i.p.*) (Sharpe and LaRegina, 1998), dissected and two samples from inguinal mammary glands (from each female) were obtained. First sample was quickly kept at -80 °C for the evaluation of mRNA expression levels of GAPDH, as housekeeping gene, and GH receptor (GH-r) gene using quantitative reverse transcriptase-real time PCR based on Syber Green dye, and second sample was kept in formalin 10% and processed in paraffin blocks for evaluation of GH expression using immunohistochemical technique.

Quantitative Reverse Transcriptase Real-Time PCR: According to the method described by Wang and Hardy (2004), qRT-PCR technique was used for quantification of *GH-r* gene expression levels relative to Housekeeping gene *GAPDH* gene in the mammary gland.

Immunohistochemistry-Paraffin Protocol: According to Luna (1968), histological sections have been prepared from mammary glands. According to the manufacture

instructions (Abcam, UK; www.abcam.com/technical),

immunohistochemistry has been performed for demonstrating the presence and location of GH in the glandular tissues of inguinal mammary gland sections.

Statistical Analysis: Results were expressed as mean \pm standard deviation. Comparisons between groups and periods values were performed using one way analysis of variance (ANOVA1) and newman-keuls. Differences were considered to be significant at the level of $P < 0.05$. Statistical analysis was carried out using the GraphPad Prism (SAS Institute, Inc., USA).

RESULTS

RNA Concentration in the Mammary Gland: mammary glands RNA concentration (ng/ μ l) of experimental groups during pregnancy registered insignificant difference ($p > 0.05$) between control and Ta groups but they were significantly ($p < 0.05$) higher than that recorded in Tba and Tbb groups. At delivery and lactation periods, the concentration of Ta group was the highest among experimental groups ($p < 0.05$), where Tba group was significantly ($p < 0.05$) higher than Control and Tbb groups which showed no significant difference ($p > 0.05$) when compared with each other.

Relative Quantification of Target Gene

Expression: The gene expression in control was expressed as (calibrator) or control in both target gene and reference gene (*GapdH*), at first, the threshold cycle number of target gene normalized to that of reference gene in all treatment groups and calibrator. Second, the ΔCt of treatment groups normalized to the ΔCt of calibrator, and finally the expression ratio (fold change) was calculated. In all periods, fold changes were normalized according to control (which is equal to 1).

Relative Quantification of Mammary GH-

rGene Expression: Figure (2) illustrates the result of *GH-r* gene expression levels in mammary gland tissues during pregnancy, delivery, and lactation periods. At pregnancy, the results registered significant ($p < 0.05$) elevation of *GH-r* gene expression levels in Ta group compared with Tba and Tbb groups. At delivery, the highest ($p < 0.05$) level of *GH-r* gene expression has been registered in Ta compared with Tba and Tbb groups, where Tba group was significantly ($p < 0.05$) higher than that of Tbb group. At lactation, statistical analysis showed insignificant difference ($p > 0.05$) between female rats of treated groups.

Results of Mammary GH

Immunohistochemical Examination: GH has been detected in normal pregnant rats

mammary gland (control group) and passive immunized pregnant rats against inhibin- α , - βA , and βB subunits (Ta, Tba, and Tbb groups, respectively) using immunohistochemical staining technique. At the 16th day of pregnancy (figure 4), the 1st day after parturition (figure 5), and the 11th day of lactation (figure 6). Quantitative scoring results of mammary GH at the 16th day of pregnancy showed significant ($p < 0.05$) higher score (number of positive stained cells and intensity of staining) in Ta group among the experimental groups, whereas Tba and Tbb groups, which showed insignificant ($p > 0.05$) difference between each other, registered significantly ($p < 0.05$) higher scores compared with control. At the 1st day after parturition, the score of the Ta group increased significantly ($p < 0.05$) when compared with Tbb group, which also showed significant ($p < 0.05$) difference when compared with control and Tba groups. At the 11th day of lactation, Ta and Tbb groups registered insignificant ($p > 0.05$) difference in comparison between them, whereas they recorded significant ($p < 0.05$) higher score than that of control and Tba groups. In comparison between periods of the experiment, in all experimental groups, higher scores of staining have been shown at the 1st

day after parturition, whereas the lowest scores recorded at the 11th day of lactation (figure 3).

DISCUSSION

During pregnancy, the significant high level of GH expression, recorded in Ta, Tba, and Tbb groups compared with control, could attributed to the decrease in inhibins, as it has been reported by Thanoon (2013) that passive immunization against inhibin- α subunit increases the expression levels of hypothalamic GHRH and pituitary GH genes. The significantly higher expression of GH in Ta group compared with Tba and Tbb groups, could be a result of immunoneutralization of both types of inhibins (A and B), whereas immunization against β A (Tba group) and β B (Tbb group) subunits neutralized either inhibin-A or inhibin-B, respectively. At delivery, all groups recorded significant elevation in GH expression levels compared with their corresponding levels at pregnancy, with the remaining of differences in Ta and Tbb groups, whereas the concentration in Tba group recorded no significant difference compared with control. It seems that Inhibin-A protein is more important in regulating GH secretion than inhibin-B. Also the immunization against β B subunit could decrease the levels of activin-B and activin-AB but increase the level of activin-A. Therefore, activin-A decreases the secretion of

GH, as it has been registered that activin-A being able to inhibit basal GH secretion from pituitary gland (Vale *et al.*, 1986; Plotsky *et al.*, 1991; Bilezikjian *et al.*, 1991). During this period, the elevated GH may attributes to the increase in serum estradiol secretion at the end of gestation (Armario *et al.*, 1984; Simard *et al.*, 1986). At mid lactation, the levels of GH expression decreased sharply in all groups, which accompanied by significant increase in inhibin-B, activin-A, and activin-AB, and may also attributes to the decrease of estradiol (Shaikh, 1971; Thanoon, 2013). Ta groups, at all experimental period, revealed higher levels of GH expression levels among experimental groups which may attribute to the increase of activins and estradiol levels after immunoneutralization against inhibin- α subunit, since subsequent stages of postnatal development (pubertal growth, pregnancy, lactation, and involution) occur under the regulation of hormones, as branching morphogenesis requires GH and estrogen, as well as insulin-like growth factor 1 (IGF1), whereas upon pregnancy, the combined actions of progesterone and prolactin required for alveogenesis and therefor milk secretion during lactation. Pregnancy is considered as a period of allometric growth, keeping up with overall body development, until puberty when expansive proliferation occurs, filling the fat

pad under the influence of hormones and growth factors (Macias and Hinck, 2012). It has been reported that pituitary extracts regulate mammary gland function by enhancing mammogenesis and lactogenesis upon its administration (Trottet *et al.*, 2008). These effects could be attributed to the effects of GH and prolactin. Other studies demonstrated that mammary pubertal development was disrupted in mice lacking *Gh*, insulin-like growth factor 1 (*Igf1*) or estrogen receptor (α) (*Esr1*), genes that mediate pathways regulating ductal outgrowth and morphogenesis. In contrast, development of the adolescent gland occurs normally in mice lacking *Prl* or progesterone receptor (*Pgr*), genes that mediate signaling pathways regulating alveologenesis (Zhou *et al.*, 1997; Gallego *et al.*, 2001).

The present findings confirmed the indirect role of GH as an important regulator of mammary gland growth and development, which could be mediated through IGF1, as *Ghr*-depleted mice display a dramatic reduction in serum IGF1 levels (Zhou *et al.*, 1997) and delayed mammary gland development (Gallego *et al.*, 2001). Although circulating levels of IGFs are primarily determined as a result of hepatic secretion under the control of the GH (LeRoith *et al.*, 2001), they also are synthesized locally in

various tissues including ovaries (Tesone *et al.*, 2009), where IGF-I acts as a co-gonadotropin with FSH to stimulate granulosa cells to produce estrogen and progesterone, and with LH to stimulate thecal androgen production. On the other hand, the locally produced IGF-I in ovary has other actions including enhancement of cell proliferation, aromatase activity, and progesterone biosynthesis (Adashiet *et al.*, 1985). Supplementation of bovine embryo culture with IGF1 has been reported to increase rate of blastocyst development, embryo survival as well as reducing the effects of heat shock on embryos (Bonilla *et al.*, 2011).

From the present observations, it appears that increased GH expressions has been augmented by the high level of activins to perform its proliferative action, as it has been reported that activin A promotes embryo development, by increasing blastocyte number, reaching time taking to reach blastocyte stage rate (Orimo *et al.*, 1996; Yoshioka *et al.*, 1998; Mtango *et al.*, 2003). Previous studies demonstrate that inhibin immunoneutralization could improve litter sizes (Medan *et al.*, 2005; Padilla *et al.*, 2007). It has been mentioned that activins have an important role in development of mammary gland during pregnancy and in preparation for lactation (Bloise *et al.*, 2010), where at late pregnancy, activin inhibits adipocyte

development (Zamani and Brown, 2010). Also the ovarian actions of GH are partly mediated by changes in ovarian steroidogenesis, where GH enhances aromatase and 3- β -hydroxysteroid dehydrogenase activity (Tapanainen et al. 1992). GH may induce steroidogenesis by potentiating gonadotrophin action, since GH only stimulates oestradiol production from

follicles (Van der Kraak et al. 1990). Other studies indicate that GH and gonadotrophins act synergistically to increase oestradiol synthesis in granulosa cells (Carlsson et al. 1992, Lanzoni et al. 1992). This synergy may reflect upregulation of gonadotrophin receptors by GH or the upregulation of GHRs by gonadotrophin induced cAMP (Adashiet al. 1994).

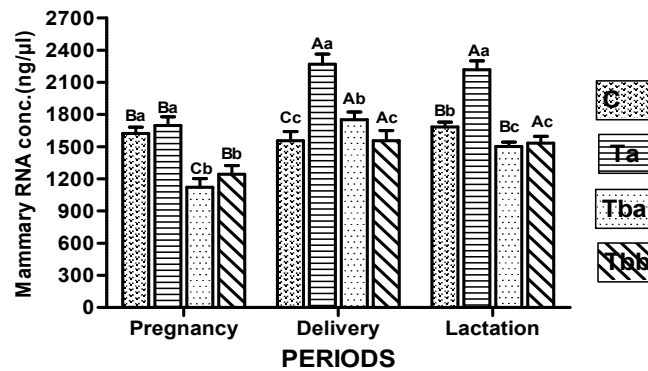


Figure (1): Effect inhibin- α , - β a, and - β b subunits immunoneutralization on Mammary RNA conc. (ng/ μ l) during pregnancy, delivery, and lactation in pregnant rats.

Values represents mean \pm standard deviation. Different small letters represents significance ($p < 0.05$) in comparison between groups. Different capital letters represents significance ($p < 0.05$) in comparison between periods. C: pregnant rats injected with normal saline (100 μ l, *ip*) on 5th and 10th day of pregnancy. Ta: pregnant rats injected with inhibin- α antiserum (1 μ g, *ip*) on 5th and 10th day of pregnancy. Tba: treated rats injected with inhibin- β a subunit antiserum (1 μ g, *ip*) on 5th and 10th day of pregnancy. Tbb: treated rats injected with inhibin- β b subunit antiserum (1 μ g, *ip*) on 5th and 10th day of pregnancy.

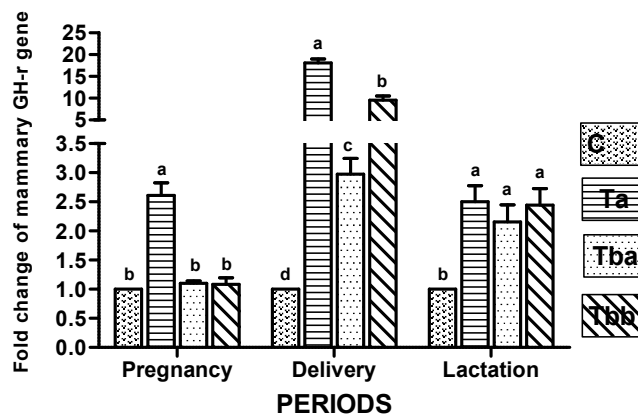


Figure (2): Effect of inhibin- α , - β a, and - β b subunits immunoneutralization on mammary GH-r gene expression level during pregnancy, delivery, and lactation in pregnant rats (fold changes).

Values represents mean \pm standard deviation. Different small letters represents significance ($p < 0.05$) in comparison between groups. Different capital letters represents significance ($p < 0.05$) in comparison between periods. C: pregnant rats injected with normal saline (100 μ l, *ip*) on 5th and 10th day of pregnancy. Ta: pregnant rats injected with inhibin- α antiserum (1 μ g, *ip*) on 5th and 10th day of pregnancy. Tba: treated rats injected with inhibin- β a subunit antiserum (1 μ g, *ip*) on 5th and 10th day of pregnancy. Tbb: treated rats injected with inhibin- β b subunit antiserum (1 μ g, *ip*) on 5th and 10th day of pregnancy.

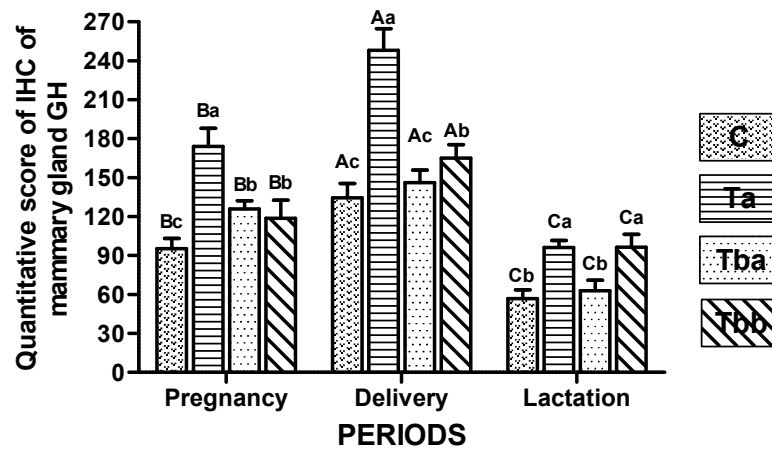


Figure (3): Effect of inhibin- α , - β a, and - β b subunits immunoneutralization on quantitative score of IHC of mammary gland GH during pregnancy, delivery, and lactation in pregnant female rats. Values represents mean \pm standard deviation. Different small letters represents significance ($p < 0.05$) in comparison between groups. Different capital letters represents significance ($p < 0.05$) in comparison between periods. C: pregnant rats injected with normal saline (100 μ l, *ip*) on 5th and 10th day of pregnancy. Ta: pregnant rats injected with inhibin- α antiserum (1 μ g, *ip*) on 5th and 10th day of pregnancy. Tba: treated rats injected with inhibin- β a subunit antiserum (1 μ g, *ip*) on 5th and 10th day of pregnancy. Tbb: treated rats injected with inhibin- β b subunit antiserum (1 μ g, *ip*) on 5th and 10th day of pregnancy.

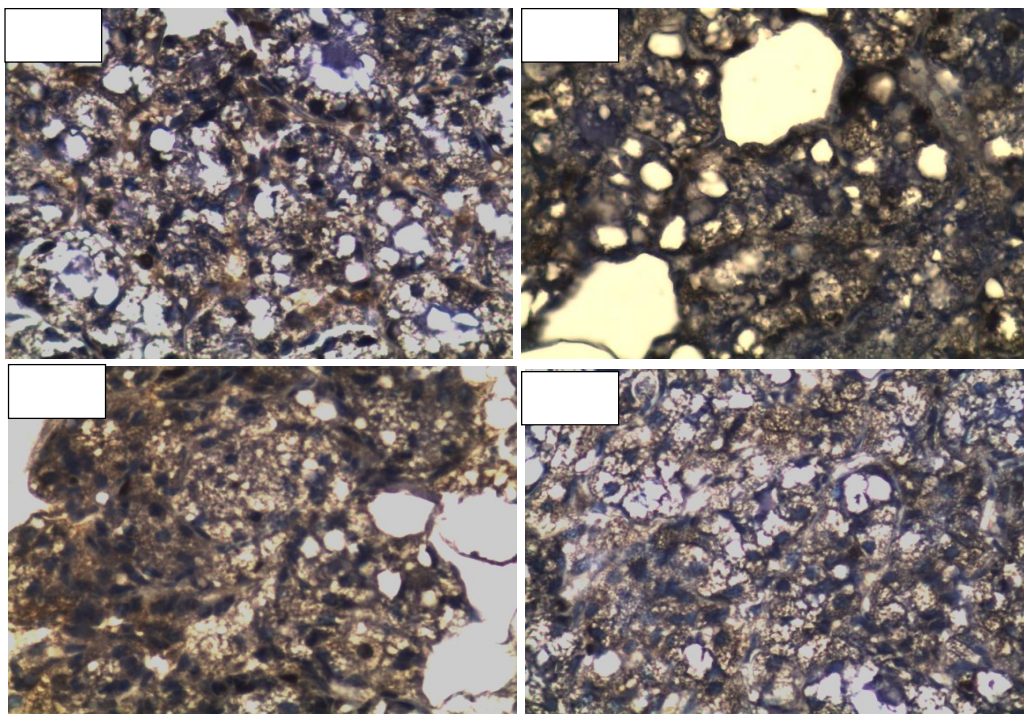


Figure (4) Mammary gland from control (C) and inhibin- α (Ta), inhibin- β A (Tba), and inhibin β B (Tbb) antisera injected female rats, at 16th day of pregnancy reveals the density of actively staining GH with immunohistochemistry. Immunohistochemistry, 500X.

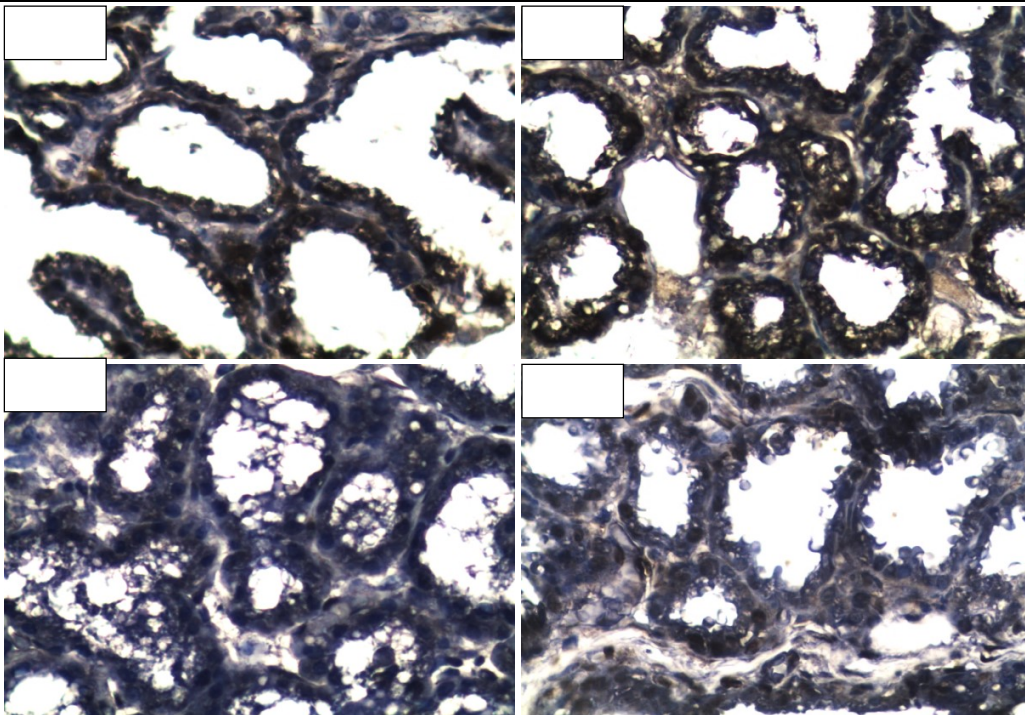


Figure (5) Mammary gland from control (C) and inhibin- α (Ta), inhibin- βA (Tba), and inhibin βB (Tbb) antisera injected female rats, at 1st day after parturition reveals the density of actively staining GH with immunohistochemistry. Immunohistochemistry, 500X.

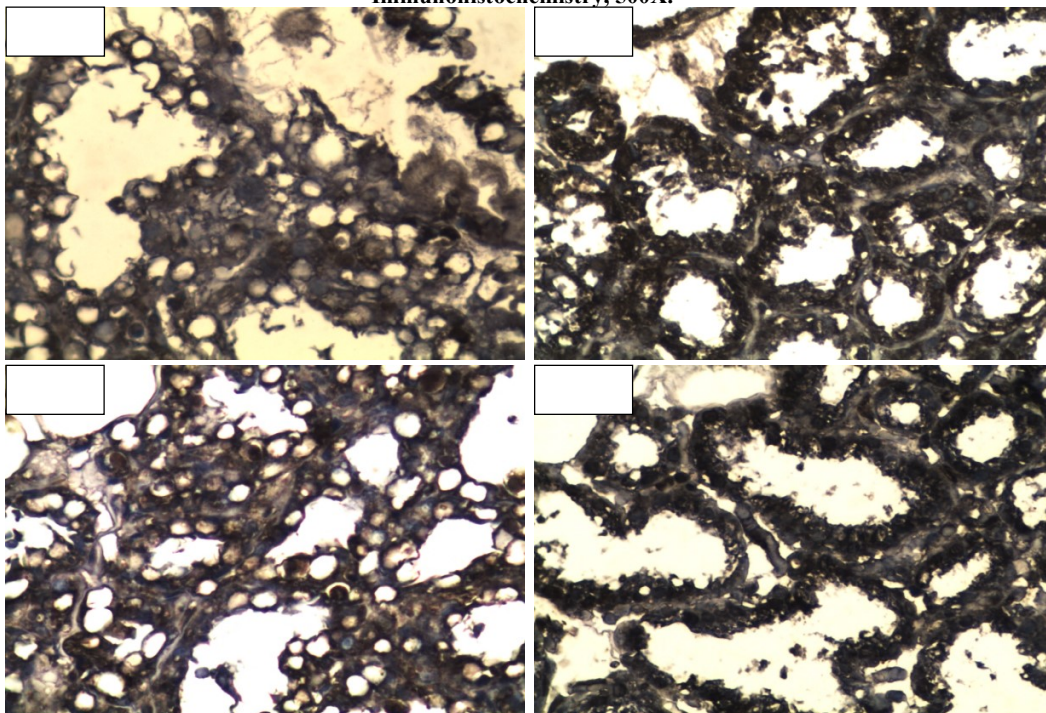


Figure (6) Mammary gland from control (C) and inhibin- α (Ta), inhibin- βA (Tba), and inhibin βB (Tbb) antisera injected female rats, at 11th day of lactation reveals the density of actively staining of GH with immunohistochemistry (red arrows). Immunohistochemistry, 500X.

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